THE HIGHLANDS

A GRACE MGMT COMMUNITY

Good to Go Dinner Menu $20 (includes soup or salad, entrée, 2 sides and a dessert)

	Brunch	Monday	Tuesday	Wednesday	Brunch	Friday	Saturday
Soups	Basil Tomato	Vegetable	Broccoli Cheese	Salmon Chowder	Sweet Potato	Pasta Fagioli	Chili
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Pot Roast	Pork Tenderloin	Glazed Meatloaf	Grilled Flat Iron Steak	Roast Turkey	Baked Ham	Parmesan Chicken
	Lemon Chicken	Stuffed Sole	Chix w/Lob Sauce	Cod Provencal	Baked Hadd Creole	Baked Salmon/Sauce	Corned Beef/Veggies
Starch	Masehd Potato	Mashed Sweets	Potato Pancakes	Baked Potato	Stuffing	Mashed Potato	Boiled Reds
	Rice Pilaf	Herb Quinoa	Mashed Potato	Wild Rice Pilaf	Mashed Potato	Parmesan Polenta	Spaghetti/Marinara
Vegetables	Rutabagas	Brussel Sprouts	Zucchini	Asparagus	Green Bean Cass.	Broccoli	Root Vegetables
	Carrots	Trio Medley	Beets	Green Beans	Butternut Squash	Yellow Squash	Spinach
Desserts	Éclair	Blueb Coffee Cake	Maple Bread Pudd	Carrot Cake	Pumpkin Pie	Pecan Pie	Blueberry Chcke
	PB Cookie	Tiramisu	Orange Cake	Blue Lemon Cake	Apple Crisp	Cannoli	French Silk Pie

WEEK OF	**November**	**22nd**	**2026**

*Gluten Free Entrée V Vegetarian

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: $1 delivery fee per address