



THE HIGHLANDS
A GRACE MGMT COMMUNITY

Good to Go Dinner Menu \$20 (includes soup or salad, entrée, 2 sides and a dessert)							
	Brunch	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Soups	Cream of Broccoli	Vegetable	Minestrone	Garden Tomato	Cajun Sausage Potato	Stuffed Pepper	French Onion
Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad	Garden Salad
Entrees	Stuffed Sole	B. Fried Chicken	Lasagna	Beef Stroganoff	Roast Pork Loin	Pecan Crusted Cod	Baked Scallops
	Chicken Marsala	Apple Cider Pork	Turkey Meatballs	Salmon En Croute	Chicken Cordon Bleu	Peppercorn Steak	Meatloaf
Starch	Wild Rice Pilaf	Baked Beans	Lemon Pasta	Egg Noodles	Parsley Potatoes	Mashed Potato	Roasted Reds
	Mashed Reds	Baked Potato	Parmesan Polenta	Mashed Potato	Mashed Sweets	Herb Couscous	Quinoa
Vegetables	Carrots	Coleslaw	Peas & Onions	Broccolini	Brussel Sprouts	Chef's Veggie	Asparagus
	Green Beans	Corn	Ratatouille	Swiss Chard	Zucchini	Butternut Squash	Cauliflower
Desserts	Carrot Cake	Lemon Cake	Blueberry Cobbler	Chocolate Mousse	Key Lime Pie	Apple Crisp	Blueberry Pie
	Dutch Apple Pie	Brownie	Cheesecake/Choc	Strawberry Shtcke	Cookie	Beignets	Chocolate Cake
WEEK OF		October		11th		2026	

***Gluten Free Entrée** **V Vegetarian**

Home Delivery: Sunday 12:30-1:00, Mon-Sat 6:00-6:30 (207) 725-2650 Ext. 136

24 Hr notice is suggested. Highland Green Residents: \$1 delivery fee per address