THE HIGHLANDS

A GRACE MGMT COMMUNITY

Always Available

October 30 – November 26

Tuna Sandwich V*
With Lettuce and Tomato
Gluten Free Bread Available

Two Eggs on Toast V*
Scrambled or Fried
Choice of Toast and Side – Gluten Free Bread Available

Roasted Butternut Squash Salad V*
Arugula, Dried Cranberries, and Goat Cheese
Apple Vinaigrette – Add Grilled Chicken

Coconut Shrimp
Roasted Corn Salad – Honey Lime Sauce V

*Gluten Free V Vegetarian

Fruit
Bacon
Sausage

Chips
Veg of Day
Cottage Cheese